DrawingOut workshop feedback

The following questions relate to how you feel at three stages **before**, **during** and **after** taking part in the DrawingOut workshop.

**1. How do you feel about being asked to draw?** *Please tick*

Very

Anxious

Not at all anxious

**Before ⬜ ⬜ ⬜ ⬜ ⬜**

**During ⬜ ⬜ ⬜ ⬜ ⬜**

**After ⬜ ⬜ ⬜ ⬜ ⬜**

**2. How do you feel about being asked to share your healthcare experiences?** *Please tick*

Very

Anxious

Not at all anxious

**Before ⬜ ⬜ ⬜ ⬜ ⬜**

**During ⬜ ⬜ ⬜ ⬜ ⬜**

**After ⬜ ⬜ ⬜ ⬜ ⬜**

**3. How would you rate your current level of emotional wellbeing?** *Please circle*

Very

Anxious

Not at all anxious

**Before ⬜ ⬜ ⬜ ⬜ ⬜**

**During ⬜ ⬜ ⬜ ⬜ ⬜**

**After ⬜ ⬜ ⬜ ⬜ ⬜**

**4. How clearly do you feel you understand your own thoughts and feelings relating to your illness**

**experiences?** *Please tick*

Not at all understanding

Very clearly

**Before ⬜ ⬜ ⬜ ⬜ ⬜**

**During ⬜ ⬜ ⬜ ⬜ ⬜**

**After ⬜ ⬜ ⬜ ⬜ ⬜**

**-- Please complete the following questions once the workshop has ended --**

**Think about the answers you gave at different moments before, during and after the workshop above. What factors do you think may have influenced...**

**a) How you felt about being asked to draw?**

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| --- |
|  |

**b) How you felt about being asked to share your illness experiences?**

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| --- |
|  |

**c) Your emotional wellbeing?**

|  |
| --- |
|  |

**d) Your understanding of your own thoughts and feelings around your illness experiences?**

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| --- |
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**Do you have any additional comments or feedback about the workshop?**

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| --- |
|  |

**Many thanks for completing this feedback form!**